

# Pageant Tips

## How to Become a Queen without loosing Sleep Tips from Experts and Beauty Queens

### \*The Entry Form

Fill out the entry form or application as neat as possible, preferably typed. This shows how professional you are. Make a copy of entry form or application before submitting it. During interview with Judges, they are likely to have your application in front of them. Be honest with your answers!

### \*Your Photos

- Most pageants require a head shot and a some require a full body shot
- Choose a Photographer that has experience in this type of Photos
- Photos need to be recent, especially if you have changed your hair color or style
- Do not send in high fashion photos
- Pick a simple outfit, you can never go wrong with simplicity
- Jewelry should be minimum (pearls are recommended)
- Hair style should be Natural
- Very little Make-up is recommended- Remember that these photos will be the first impression that the judges and committee have of you.

### \*Your Hair Style

- Your hair is your Crowning Glory
- Remember that your hair can make or break your appearance
- Do NOT choose a Hair Stylist by their reputation or recommendation
- Try several hair styles before choosing one
- Take Polaroid pictures with different hairstyles and different angles of your head/face to compare
- For the swimsuit competition wear your hair loose
- Depending on your Evening Gown, is how you will determine your hairstyle
- Keep your face visible from all angles
- Do not hide behind your hair
- Choose a style that will go well with the Crown, and keep in mind that the Crown could be yours!!!

### \*Make Up Tips

- Moisturizer
- Foundation
- Concealer foundation (one or two shades lighter than your overall foundation)

- Translucent powder
  - Blush (your fingertips are your natural blushing color, and matching blush to this looks more natural)
  - Contour Powder (1 or 2 shades darker to define cheek bones)
  - Eye shadow
  - Eyeliner
  - Eyebrow pencil
  - Eyelash/eyebrow brush
  - Mascara (The well-known brand of Great Lash [pink bottle and lime green cap] is still the most popular brand and is used most by make-up artists.)
  - Eyelash curler
  - Lip liner
  - Lipstick
  - Lip gloss/petroleum jelly
  - Hand mirror
  - Sponges to blend foundation
  - Cotton balls
  - Cotton swabs
  - Assorted sizes of makeup brushes
  - Tissues (to wipe make-up off your hands/fingers)
- (Most Pageants have their own Make-up Artists to help, however you should know the style of make up that you prefer. Also, you should bring your own supplies in case of any unexpected predicaments.)
- Make-up should be as Natural as possible remembering that on stage Make-up is always altered
  - As with your hair style, try different colors and styles, Remember to take Polaroid pictures to compare
  - Corrective Make-up is recommended, but do not over do it
  - Body Make-up is also recommended for Swimsuit Competition
- Your Wardrobe Determine how many and what type of outfits are required by asking the following questions:
- How long is the competition?
  - How many times are you meeting?
  - At what time are the meetings going to take place? (day/evening)
  - What type of Social Events will you be attending?(Business Event, Casual, Cocktail, Semi-formal, Formal, Black Tie.)
  - Are the Judges going to be attending the rehearsals?
- (Regardless if Judges are going to attend rehearsals or not, you should always dress for success!)
- Do you need a country or state costume?
  - Do you need a talent costume?
  - Dress for success at all times: at preliminaries, at your first meeting, during rehearsals, at Social Events, before the competition, etc. Accessories are essential.

**\*Your Swimsuit**

(Most Pageants provide you with a Swimsuit.)

If not provided with one:

- Choose dark or bright colors
- One piece bathing suits are recommended
- Full back is a plus
- Spandex material
- Select correct color of body make-up and try it before day of competition!

**\*Your Evening Gown**

(You do not need to spend Hundreds of Dollars on an Evening Gown.)

- Remember that simplicity is always a plus
- Choose a color that goes well with your skin
- Choose a material and style that will beautify your figure
- Try different Gowns before choosing one

Keep in mind:

- your hair style
- your make-up
- your skin conditions (avoid showing tan lines)
- your height
- your weight and posture
- your ability to walk in heels
- your ability to walk on stage
- your ability to walk up and down stairs
- the type of shoes that you will need for the Gown
- the accessories (whether or not jewelry is allowed)

**\*Remember that your Evening Gown is the most important Outfit that you will wear in front of the Judges, Media, and Audience.\***